

# Snack Menu

Snack works on a 4 week rotation, it has been approved by a qualified food nutritionist. We are part of the government milk scheme. All snacks will be accompanied by milk or water, with the exception of a Forest school day where we will have hot chocolate.

	Week 1	Week 2	Week 3	Week 4
Monday	Popcorn and pear wedges	Corn Tortillas and cheese (cheddar/red Leicester)	Mixed grain cheerio's and raisins	Cucumber, celery, Carrots and hummus
Tuesday	Cheese straws and dried cranberries	Pretzels and apple wedges	Oatmeal snack cakes and honey	Cheese crackers and raisins
Wednesday	Pitta bread and hummus Carrot and cucumber sticks	Rice cakes Pear slices	Malt loaf and Banana	Fruit platter (Seasonal fruit)
Thursday	Assorted Biscuits (Forest school day)	Assorted Biscuits (Forest school day)	Assorted Biscuits (Forest school day)	Assorted Biscuits (Forest school day)
Friday	Yellow peppers, Cherry tomatoes and grapes and cheese	Cinnamon raisin Bagels Cream Cheese	Bread sticks, cream cheese and Apple wedges	Granola bars Apricots

Please ask a member of staff if you need advice and information on allergy and intolerance on any food/ ingredients listed on our menus. *If your child has any allergies or intolerances then please let a member of staff know and we will provide an alternative.*